



Items to Bring to 2019 Ranachqua Reunion at Family Camp



The following are musts:

Medical Needs...

- Completed, TMR medical form**
(website link, e-Mail attachment)
- Required prescribed medications

Bedding and Linens

- Sheets 2-per bed used
(flat twin or double recommended)
- Warm blankets at least 1 per bed
- ... or Sleeping bags
- Towels & washcloths for bathing and waterfront activities
- Pillows and pillow cases

Toiletries ...

- Toilet Paper
- Bar soap

Clothing and Accessories ...

- One warm jacket or sweater per person
- Sturdy shoes or sneakers
- Sleepwear: Warm pajamas etc.
- Rainwear: poncho, raincoat, umbrella
- Flashlight & batteries

Cleaning supplies:

- Garbage bags

The following are suggested:

Toiletries and medicines ...

- First aid kit
- Dental: toothbrush, toothpaste
- Hair care: shampoos etc.
First-aid kit
- Insect repellent
- Analgesics: aspirin, acetaminophen, etc.

Cleaning supplies:

- Scouring powder or liquid
- Dishwashing soap

Clothing and Accessories ...

- Basic needs: Durable summer / fall clothing for each person / day...
- Underclothing
- Socks
- Shoes, sandals, beach shoes, clogs
- Pants, jeans, chinos, *(long pants recommended)*
- Shirts, sweaters, sweatshirts etc.
- Bathing suits

Kitchenware & utensils

- Plates, cups, bowls, mugs etc,
(durable plastic, melamine or paper)
- Cutlery, knives, forks, spoons etc.
(stainless steel, durable plastic etc.)
- Cooking pots & pans, coffee pot,
cooking utensils etc.

Food ...

Basic needs for self catered meals:

- Condiments and seasoning:** *Mayonnaise, Ketchup, mustard, salt, pepper, sugar, sweeteners etc.*
- Beverages:** *Milk, coffee, teas, fruit juices, soda, bottled water etc.*
- Breakfasts:** *hot or cold cereals, bread, rolls, eggs, bacon, etc.*
- Lunches:** *Meats, bread, rolls, salads, soup, tuna fish, etc.*
- Dinners:** *Meats, vegetables, soups, bread, rolls*
- Desserts:** *fresh or canned fruit, jello, ice cream, ices, cakes, cookies, etc.*

Optional Items:

- Cellphone *(signal reception is limited)*
- Cameras
- Books, magazines, toys, games
- Small sports equipment: balls, bats, etc.